

TEACHER'S GUIDE

FOUNDATION PROGRAMME FOR LITERACY
NUMERACY AND SKILLS

INSTRUMENTAL MUSIC

GRADE 7

TITLE : PATRIOTISM

**MOE
MAHATMA GANDHI INSTITUTE
2026**



TABLE OF CONTENTS

Guide to Educators	01
Purpose of Activity	02
Learning Outcomes	03
Teaching Trajectories / Implementation Guidelines	04
Activity 1	04
Activity 2	04
Activity 3	06
Assessment Criteria	07
Assessment Rubric	08
Work Sheet	09

GRADE 7

GUIDE TO EDUCATORS

**TITLE :
MARCHING BEATS**



Competency

C2 : Performing

Element

Perform solo and ensemble musical pieces

Performance Criteria

Level 1: Performs short musical pieces with support in group settings

Purpose of Activity

The purpose of this activity is to help students understand how steady beats, *laya* (speed or tempo), and rhythmic patterns are used in patriotic marches. Through clapping, stamping, and coordinated group movements, learners experience unity, discipline, and teamwork. By practising different levels of *laya*—slow, medium, and fast—students learn how tempo influences the energy and style of a marching sequence.

The activity aims to develop rhythmic accuracy, dynamic control (soft / loud), awareness of *laya*, and coordinated movement through a class marching performance.

Learning Outcomes

By the end of the lesson, students should be able to:

- Define the term *laya*.
- State and explain the three types of *laya*.
- Keep a consistent and steady beat suitable for marching.
- Perform rhythmic patterns using clapping and stamping.
- Use dynamics (soft and loud) in rhythmic performance.
- Coordinate movement with rhythmic cues in a group setting.

Resources & Materials

- Open classroom or schoolyard space
- Hands and feet (clapping & stamping)
- Drum or percussion (optional for teacher cues)

Teaching Trajectories/ Implementation Guidelines

Introduction

ACTIVITY 1

RHYTHM

- Explain the term rhythm

Rhythm is established when an action or a group of actions in the form of a pattern is repeated at a regular speed.

- Give examples of rhythm in life.

The whole universe is based on rhythm, be it the solar system, nature and mankind. The movement of planets, sunrise and sunset, the tides of the sea, the heartbeats and the daily human activities are all based on rhythm.

ACTIVITY 2

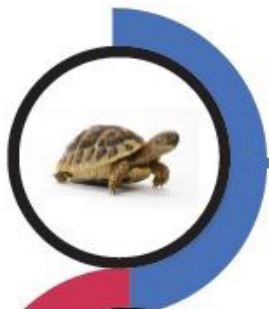
CONCEPT OF LAYA

- Define the term *laya*.

Laya is the term used for speed in Indian music. It is the regular flow of beats in a rhythmic cycle. Any action repeated at a regular interval establishes a *laya*.

- State and explain the three types of *laya*.

The three types of *laya*, *Vilambit* (slow), *Madhya* (medium) and *Drut* (fast). The pace or pause given between regular actions determines the *laya*.



Vilambit
(Slow)



Madhya
(Medium)



Drut
(Fast)

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- Exercises to maintain steady rhythm through claps.

ACTIVITY 3

MARCHING BEATS

Step 1: Introduction to Marching Beats

The teacher demonstrates a simple steady beat using clapping and stamping. The teacher then introduces the theme 'Patriotism – Marching Beats!'

Step 2: Rhythm Imitation

Students listen and imitate the teacher's rhythmic patterns. The teacher models soft and loud sound dynamics. Students practise keeping the beat: 1, 2, 3, 4.

Step 3: Group Work

Students are divided into two groups:

- Group 1: Gives a steady marching beat.
- Group 2: Marches or moves in response to the beat, adjusting steps according to the dynamics.

Can be done with musical instruments as well.

Step 4: Combined Performance

Groups switch roles and repeat the exercise. Both groups come together to perform as one coordinated marching team. Some selected students can play rhythmic instruments to accompany the marching beats.

Step 5: Reflection and Feedback

Students share what was easy or challenging. The teacher highlights the importance of teamwork and rhythm in patriotic marching music.

Assessment Criteria

Students will be assessed on the following:

1. Understanding of Concepts

- Defines *laya* correctly.
- Identifies and explains *Vilambit*, *Madhya*, and *Drut laya*.

2. Rhythm & Beat Accuracy

- Maintains a steady beat (1, 2, 3, 4).
- Performs rhythmic patterns through clapping and stamping.
- Demonstrates control of sound dynamics (soft/loud).

3. Marching & Movement Coordination

- Marches in sync with the beat.
- Adjusts movement according to tempo (slow/medium/fast).
- Follows teacher cues (start/stop, dynamics, *laya*).

4. Ensemble Performance

- Works collaboratively in group exercises.
- Performs confidently as part of a coordinated marching team.

5. Participation & Attitude

- Actively participates and tries to improve.
- Shows discipline and focus during marching practice.

Assessment Rubric

Criteria	Basic	Intermediate	Proficient
Definition of <i>Laya</i>	Incomplete or incorrect definition.	Generally correct explanation with minor gaps.	Clear and accurate definition showing full understanding.
Types of <i>Laya</i>	Struggles to identify or explain the 3 types.	Identifies all 3 types with partial explanation.	Accurately explains <i>Vilambit</i> , <i>Madhya</i> , and <i>Drut</i> .
Steady Beat Maintenance	Inconsistent; often loses timing.	Keeps beat with occasional slips.	Maintains steady, consistent beat throughout.
Rhythmic Pattern Execution	Difficulty copying patterns; unclear coordination.	Performs simple patterns with minor errors.	Performs patterns accurately and confidently.
Response to Tempo Changes	Struggles to adjust to tempo changes.	Adjusts with some delay.	Smooth, accurate response to all tempo changes.
Following Cues	Frequently misses cues (start /stop/ dynamics).	Follows cues most of the time.	Instant and accurate response to cues.
Group Coordination	Difficulty coordinating with group; inconsistent.	Coordinates with reminders.	Shows strong ensemble awareness and coordination.
Teamwork & Cooperation	Minimal cooperation or contribution.	Participates with some prompting	Actively contributes and supports peers.

WORKSHEET

1. In the diagram below, cut out all the instruments that are not used in a marching beat parade.



2. Fill in the blanks with the words given in bracket below):
(drut, three, madhya, speed, vilambit)

- (i) Laya is the term used for in Indian music.
- (ii) There are types of laya in music.
- (iii) laya is used to show excitement.
- (iv) laya is the term used for normal speed.
- (v) The speed at which a tortoise moves can be compared to laya.



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